



RERI Master Program – Mentoring Sessions

Working with an experienced Reiki Master and spiritual mentor is an important part of developing and deepening your knowledge in Reiki. The RERI Master Program includes 5 hours of mentoring sessions to ensure students gain enough knowledge required to complete the program. Additional mentoring and healing sessions are available if needed.

Role of the Mentor

As a mentor, our primary role is to provide **guidance**, motivation and support to you based on your unique developmental needs. At different points in the relationship, we will take on some or all the following roles:

Coach/Advisor

- Give directions to help you heal and become a highly spiritual Reiki Master, share ideas, and provide feedback.
- Share information on "unwritten rules for success" within environment/organization.
- Provide input to the mentoring action plan.

Source of Encouragement/Support

- Act as sounding board for ideas/concerns about your Reiki and spiritual development; provide insights into possible opportunities.

Role of the Mentee

As a mentee, you will play many different roles during your mentoring relationship. The following are some important roles for you to keep in mind:

Driver of Relationship

- Identify the skills, knowledge, and/or goals that you want to achieve and communicate them to your mentor.
- Be willing to accept guidance.
- Bring up new topics that are important to you at any point and give feedback to your mentor.

Development Planner

- Develop and maintain the mentoring action plan and work with your mentor to set up goals, developmental activities, and time frames.

Resource Partner

- Work with your mentor to seek resources for learning; identify people and information that might be helpful.

Teacher

- Look for opportunities to give back to your mentor; share any information that you think might be valuable.

Continuous Learner

- Take full advantage of this opportunity to learn and grow.

When to set up for your mentoring sessions?

1. Schedule your mentoring sessions when you feel ready to begin the **second part** of your Master Training.
2. If you have only paid for the first part of the program, you'll need to complete payment for the **second half** (for the mentoring sessions) before starting your first mentoring session. Please reach out to your instructor about the payment.
3. To maintain learning continuity, avoid having a long gap between your last class and the start of your mentoring sessions.